Three Sisters Garden

The Three Sisters story tells of the origins of corn, beans and squash. The story of these three important plants originates from the Iroquois nation, and it has been shared with other tribes including Ojibwe peoples of the Great Lakes. Although the details of the story vary from tribe to tribe, the main idea remains the same - the three plants rely on one another to survive. The story reflects the biological characteristics of these three plants, together creating a synergistic relationship. These three plants contribute to each other nutritionally and rely on each other for physical stability.

Ojibwe names:

corn - mandaamin
beans - miskodiisimin
squash - okosimaan